



May is Mental Health Month

The Ford Family Foundation is hosting three exceptional speakers as part of Mental Health Awareness Month.

Location for all events:
The Ford Family Foundation
1600 NW Stewart Parkway
Roseburg, Oregon

Wednesday, May 2, 2018 7:30 - 9:30 am

Guest speaker:

Jessica Hitchcock, MD

Psychiatrist at Mind Matters, PC

Infant Mental Health:

10 Things You Can Do In Your Practice to Prevent Childhood Depression and Anxiety

Hosted breakfast included.

Dr. Hitchcock will introduce the concept of infant mental health, the importance of secure attachments and the approaches professionals in many settings can take to support infants and their caregivers.

Thursday, May 17, 2018 12:00 - 2:00 pm

Guest speaker:

Chris Bouneff

Executive Director of the Oregon Chapter of the National Alliance on Mental Illness

Mental Illness in Our Communities

Hosted lunch included.

Mr. Bouneff will speak on current services addressing mental health, with a particular focus on children and youth. He will cover why individuals find it difficult to reach out for help or find appropriate support. In addition, he will discuss future opportunities and barriers facing Oregon. He will share NAMI program resources.

Wednesday, May 23, 2018 5:30 - 7:30 pm

Guest speaker:

Sherri L. Alderman, MD, MPH

IMH-E Policy & Clinical, FAAP

Infant Mental Health from a Developmental Pediatrician's Perspective

Hosted dinner included.

Dr. Alderman will define and describe the spectrum of mental health needs in infancy. Additionally, she will discuss strategies for ensuring infants receive needed services. She will include clinical examples from the field.



Attend one, two or all three events, but space is limited.

Register here by **April 25, 2018**:

<https://www.surveymonkey.com/r/mmh2018>

Questions? Email: kcooper@tfff.org



**THE Ford Family
FOUNDATION**

SPEAKER BIOS

JESSICA HITCHCOCK, MD, was born in Portland, Oregon. She studied music history and theory at Oberlin College; she received her master's degree in Musicology from the University of North Carolina. She attended University of North Carolina School of Medicine and completed residencies in General Psychiatry and Child and Adolescent Psychiatry with training in Infant



Mental Health at Tulane University in New Orleans, Louisiana. She is board certified in Psychiatry and Child & Adolescent Psychiatry. Dr. Hitchcock has been a past board member of the American Psychiatric Association, and chaired committees at the Association of American Medical Colleges and the Council of Medical Specialty Societies. She began her Oregon career as faculty at Oregon Health & Science University. She has worked on Child and Adolescent inpatient units and in outpatient practice both as medical faculty and as a private attending. She currently practices at Mind Matters, PC, in Hillsboro, Oregon.

CHRIS BOUNEFF is executive director of the Oregon chapter of the National Alliance on Mental Illness and oversees NAMI's statewide public policy and education efforts, among his other duties. Chris previously served as board president of NAMI Oregon and was active in public policy issues, including NAMI Oregon's successful campaign to win mental health and addiction insurance parity in the Oregon Legislature. Prior to his current position



with NAMI Oregon, Bouneff served as director of marketing and development for De Paul Treatment Centers, an addiction treatment provider for adults,

youth and families located in Portland. Bouneff has spent a career in communications, marketing and advocacy with various agencies, including Trillium Family Services, one of Oregon's largest children's mental health care providers. He also served in similar positions with the Oregon Trial Lawyers Association and Boise State University.

SHERRI ALDERMAN, MD, is a developmental behavioral pediatrician, CDC Act Early Ambassador to Oregon, Oregon Help Me Grow Physician



Champion, and President of the Oregon Infant Mental Health Association. She has an Infant Mental Health Mentor endorsement in clinical and policy and a Master's of Public Health degree. Her special interests include early childhood development and systems of care for families with young children. She

has made more than 100 presentations in a wide variety of venues. Dr. Alderman is affiliate assistant professor in the Department of Pediatrics, Division of Developmental Pediatrics at the Oregon Health & Science University School of Medicine and serves on multiple advisory committees, work groups and boards.